



# Nancy Lowery

## MEMBER

"Much of what I know about leading teams I learned from my horses," - a perspective which Nancy explored for over 15 years managing projects for clients such as Mercedes-Benz, Procter & Gamble, Nokia, Disney and Parks Canada. It was a particularly challenging horse who showed me leadership had nothing to do with title and everything to do with authority. Nancy recognises the power of relationships and trust in a leadership capacity and has been offering leadership programs through the metaphor of the horse since early 2004. Horses can't help but bring emotions to the surface and learning how to manage emotions in the company of the horse helps us understand how emotions can help or hinder us in the workplace.

Walking the talk is something that Nancy wholeheartedly believes in and she is involved with fundraising efforts for both Inn from the Cold and the Famous 5 Foundation. She also volunteers annually for the Salvation Army Red Kettle Campaigns and supports initiatives that help people help themselves. A skilled rider, facilitator and riding coach Nancy recognises it's not what we say but how we say it that leaves a lasting impression. Thinking creatively and strategically is something that comes naturally to Nancy employing those skills in the programs she creates and delivers to the corporate sector or to youths in her leadership sessions.

Discover the power of listening, through the art of whispering.